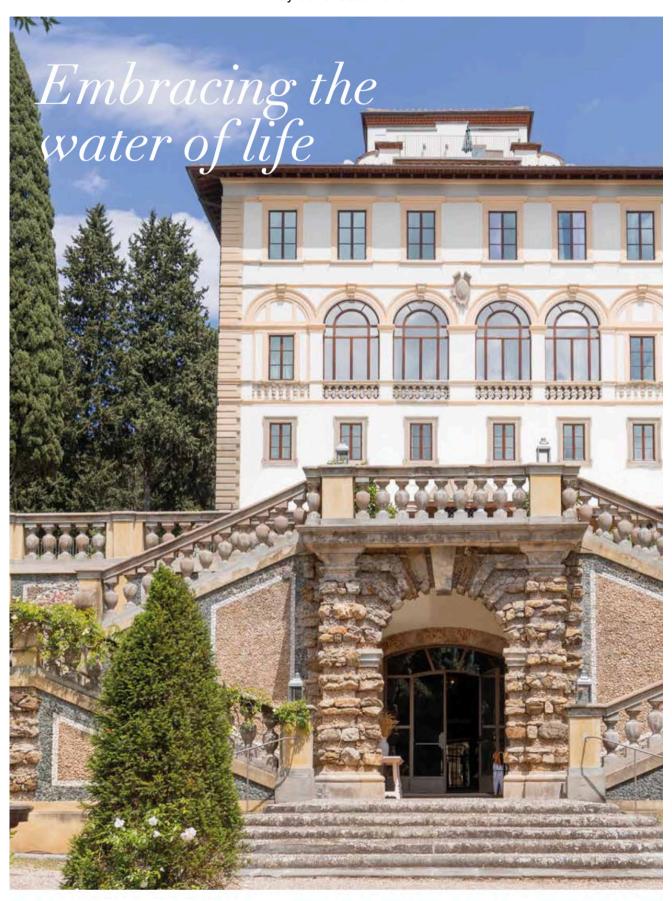




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URBAN RETREAT





et within 12 hectares of lush Italian gardens with sweeping views of Florence's iconic Duomo, Il Salviatino is a 39-room, historic 15th-century residence, just moments from the city centre. This breathtaking family-owned retreat features individually designed rooms and suites, each personally curated by Owner and Creative director Alessandra Rovati Vitali, who successfully pairs eclectic taste and beautiful design with contemporary comforts, while embracing the classic history of a bygone era.

The property is home to a new Aquae Vitali spa that embraces a holistic philosophy to harmoniously nurture body, mind, and soul through spa rituals, movement, and mindful nourishment. The intimate 300-squaremetre spa is spread over two levels and housed within the estate's original greenhouse. Bathed in natural light and immersed in the surrounding gardens, the spa is a tranquil oasis, offering seasonal rituals, rejuvenating therapies, and advanced skincare treatments featuring the awardwinning luxury brand Augustinus Bader and Santa Maria Novella products. Guests are invited to experience rituals that restore harmony and nurture holistic wellbeing, from spring-infused hydrating wraps to cooling summer therapies and autumnal grape seed scrubs, each designed to align with nature's rhythms. The wellness experience also includes a Vichy shower, infrared sauna, hammam, steam room, traditional sauna, heated plunge pool, and ice bath.

Beyond the spa, Il Salviatino's holistic wellness philosophy extends to guided yoga and personal training sessions, as well as being reflected in the cuisine at Giacomo al Salviatino, the sister restaurant to the legendary Giacomo Milano. Here, authentic Italian cuisine is crafted with seasonal ingredients sourced from the estate's organic gardens and local producers. The kitchen is inspired by the principles of permaculture, incorporating herbs, fruits, and vegetables from the property's Michelangelo Pistoletto-designed garden, ensuring each dish is nourishing, but also deeply connected to the land.

https://salviatino.com